



# Welcome to Nutrition Education Department

Manteca Unified School District



## OUR MISSION

**Our Nutrition Ed Team is dedicated to the positive difference we make in the lives and the health of our students and each other.**

To fulfill our mission, we have an ongoing and continuous commitment to serve the district's nutritional needs. We are constantly improving ourselves and the nutrition we provide in order to meet the high standards we set for ourselves.

All Nutrition Education staff members are food safety certified and dedicated to updating their food safety knowledge and best practices.



## OUR NUTRITION EDUCATION DEPARTMENT

Nutrition Education is the division of Manteca Unified School District responsible for caring for the nutritional needs of the students. We are dedicated to providing the healthiest meals for your children, and are constantly looking for ways to improve the menu we deliver to your children.

## We Support Alliance for a Healthier Generation

[The Healthy Schools Program](#) has grown to become the nation's most extensive effort to prevent childhood obesity in schools and is now building healthier school environments for more than 18 million students in more than 31,000 schools in every state. We want to create healthy changes that build upon one another and create a system, a nation, that makes the healthy choice the easy choice.

## WE ARE PARTNERS FOR HEALTH - HEALTHY FOOD & MORE American Heart Assn.



The AHA has a wealth of information for living a more healthy lifestyle. Visit their site today so you and your children can learn how to take the best care of your bodies. Learn more at [heart.org](http://heart.org)

## We are members of California School Nutrition Association

Educating and empowering members **to provide healthy meals** to foster an environment where children achieve overall wellness and lifelong success. The CSNA website offers lots of helpful information about making smart food choices, and getting the exercise your body needs. Please visit their site and have a look around.

Learn more at [calsna.org](http://calsna.org)

