









June



nutrition education

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Turkey Bologna & Cheese Sandwich (36) Olives (3) Bean Salad (32) Baked Chips (9-12)</p>  	<p>Make Your Own Cheese Pizza (32) Olives (3) Ranch Tossed Veggie Salad (10)</p> 	<p>*Peanut Butter & Jelly Uncrustable (64) Carrots (7) Olives (3)</p> <p>*Soybutter & Jelly Sandwich served at Union West Park 1291 Park View St & Weston Ranch Library 1453 W. French Camp Rd.</p>	<p>Turkey & Cheese Sandwich (27) Olives (3) Fancy Corn Salad(26) Baked Chips (9-12)</p> 	<p>Hummus (19) or Cheese Cup (0) w/String Cheese (0) or Sunflower Seeds (8-11) Tortilla Chips(31) Olives (3) Carrots (7)</p>  

Offered Daily
Fresh 1% White Milk (16) Fat Free Chocolate Milk (22)
Shelf Stable 1% White Milk (12) Fat Free White (11)
Fat Free Chocolate Milk (25)
& Fresh Fruit (17-22)




The numbers in parenthesis is the grams of carbs in the item. Complete CHO listing available at: www.musdnutrtn.net

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